



COLLABORATION EXERCISE

3LC



We are all very vulnerable. We can basically go in three different directions and end up at the same accident and establish three different command posts and think that this is going very well.

External Commander, Police

**When a societal disturbance occurs,
we expect different organisations to
work together to resolve the situation.**

**For this to work smoothly, staff from
different organisations must be given the
opportunity to practice collaboration in a
well thought out way.**

What is 3LC?

3LC

– three-level collaboration – based on:

- 1) that the collaboration can take place in at least three different ways: sequentially, in parallel and synchronously,
- 2) that the different forms of collaboration fulfil different functions and
- 3) that the practitioners need to develop their ability to switch between different forms of collaboration.

The exercise model consists of five parts, two practical parts and three seminars. 3LC is unique because it is a validated model for collaboration exercises. It contributes to a higher degree of learning and usefulness than traditional exercise models. It is also more efficient and less costly. **Exercise leaders and instructors** have a professional background from organisations that handle accidents and crises, for example, police, rescue services, ambulances or emergency officials. **The model is developed** in a research project funded by the Swedish Civil Contingencies Agency, MSB, and is applicable to various types of exercises.

Areas of Use

3LC

- can be used for **full-scale exercises** such as **games, desktop** and **on screen exercises**. It is suitable for exercises between emergency response (blue lights) organisations, safety exercises for companies, and exercises in management and staff methodology.
- is based on **short exercise sessions** that are interspersed with **seminars** and **clear feedback** to the practitioners.
- is adapted for **private businesses**, for example, in construction, the manufacturing industry and shipping.
- **generates dynamic protocols** that are created during the exercise. They identify improvements and shortcomings, which can form the basis for future action plans.
- contributes to a **higher degree of learning and usefulness** than traditional exercise models.
- can be applied to both **large and small exercises**.

Training Academy

3LC

**is linked to a training academy
that offers:**

- Tailor-made exercise packages
- Support with trained 3LC instructors
- Exercise planning
- Research support in the development and evaluation of exercises
- Training of exercise leaders
- Evaluations of collaboration exercises with validated instruments
- Help with documentation and action plans



The whole set-up feels like high quality. It was well thought out and I also prefer when you have a little smaller scale and get the opportunity to express yourself and can actually come up with things so that it feels like we have learned something.

Rescue Leader, Rescue Services

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Three Level Collaboration

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